

Wake Up & Move at Takiff



Start Date: 6/25/2019 8:00 AM

End Date: 6/25/2019 8:30 AM

This summer, join us three times a week for 30 minutes of movement! Walk, run, or roll down the outdoor path with your friends and family members. We'll provide the music and track your progress. We'll meet at 8 am three days a week for thirty minutes of walking, running, biking, skating, or moving!

Wake Up & Move will meet three times a week at 8 am June 15 through August 10. We'll meet at the Takiff Center's North Field on Tuesdays and Thursdays, and at Kalk Park's Liza's Gazebo on Saturdays. Drop in for this free event as many (or as a few) times as you can make it!

In case of inclement weather, Wake Up & Move will be cancelled. Please check the Park District's website, Facebook, or Twitter page for updates.

Location(s)

Takiff Center
999 Green Bay Rd
Glencoe
60022
United States