

DANCE

WITH HELEN'S PERFORMING ARTS CO. 



BALLET, JAZZ & MODERN DANCE

TINY BALLET (*Age 3 by 9/1/17*) A first intro to ballet, this class incorporates props and games for the very young. Preschoolers will learn basic ballet choreography through familiar and appropriate musical selections. Ballet shoes are required; ballet attire is suggested.

PRE-BALLET Children will learn the foundation of ballet forms: flexibility, balance, alignment and strength. Through familiar classical music, foundation ballet skills and choreography are taught. Ballet shoes and attire are required.

CLASSICAL BALLET (*Various classes, Grades K-5*) Children will learn the formal style of ballet that adheres to classical techniques. Ballet barre work, stretching, across the floor, posture, and alignment are included. Black leotards, pink or tan tights, and ballet shoes are required.

MODERN This style of dance is for the more creative spirit. The focus is to teach the fundamental concepts of space time and energy using ballet techniques but with more creativity and freedom of interpretation. Jazz shoes are required.

JAZZ (*Grades 3-6*) The pulse of American jazz is steeped in ballet tradition. Using both today's music and yesterday's classical jazz, technique, choreography and style are stressed; a review of ballet movements and isolations are included, as well as strengthening core work and stretch. Ballet attire and jazz shoes are required.

HIP HOP, MUSICAL THEATRE DANCE, TAP & MORE

TINY, MINI AND PRESCHOOL HIP HOP Props, games, and Disney Pop Radio hits are part of this improv-based dance class that is simple to follow and fun. We'll learn urban dance moves, as well as hip hop foot and floor work. Gym shoes required.

HIP HOP FOR GRADES K-8 Students will learn the latest urban dance moves, set to the current Top 40 hits (PG). These high-energy classes incorporate hip hop and freestyle moves, as well as basic footwork, across the floor, strength building, dance attitude and style. Gym shoes and comfortable clothing required.

MUSICAL THEATRE DANCE This style combines several styles of dance, including jazz, tap, hip hop and modern, to tell a story and express aspects of the Broadway musical theater. Jazz shoes are recommended.

TAP This is an exciting fun dance style of rhythmic expression using heel and toe tapping techniques and choreography. Tap dancers use their feet like drums to create rhythmic patterns and timely beats. Tap shoes required, as well as dance or athletic wear.

VIDEO HIP HOP PARTY DANCE Create your own hip hop dance video! We'll learn party dance routines and moves to create a concept video with your classmates! No dance experience necessary; just be ready to Rock Out! A finalized video link will be sent to parents at the end of the semester; costumes will be included in the class fee and students will perform at the Spring Recital.

GLENCOE PERFORMANCE COMPANY

THE LIL' G'S (GRADES 4-8) The Lil' G's is a performance dance team who want to celebrate the art of dance, featuring the talent and enthusiasm of each team member. The purpose of the team is to have fun while training in various dance styles. Dancers will perform at various recitals and community events. Members are continuous and new members can audition at the Takiff Center on Saturday, December 9 at 1 pm. All members must be enrolled in the Performance Team class.

NO CLASS

MONDAY: January 15, February 19, March 26
TUESDAY: March 27
WEDNESDAY: March 28
THURSDAY: March 29
FRIDAY: March 30, April 27

SPRING DANCE RECITAL

2 PM, SUNDAY, MAY 20 | REGINA DOMINICAN HIGH SCHOOL

Be part of our Winter/Spring Dance program and perform in the Glencoe Spring Dance Recital on Sunday, May 20 at 2 PM at Regina Dominican High School in Wilmette.

A final Dress Rehearsal will be held at Regina on Friday, May 18 from 4 to 6 PM. All winter dance classes include a costume fee (Hip Hop/Jazz for Grades 3-5 includes two costume fees). Ticket information will be emailed to parents in March.



| | Level | AGE/GRADE | DAY | DATES | TIME | LOCATION | R/NR Fee | ACTIVITY |
|---|------------------------|------------|-----|-----------|----------------|---------------|-----------|-----------|
| BALLET | TINY BALLET | AGE 3 | M | 1/8-5/14 | 11:30 AM-1 PM | TAKIFF CENTER | \$484/526 | 313101-01 |
| | PRE-BALLET | AGE 4 | TH | 1/11-5/17 | 10:30-11:30 AM | TAKIFF CENTER | \$438/476 | 313202-02 |
| | PRE-BALLET | AGE 4 | F | 1/12-5/18 | 12-1:30 PM | TAKIFF CENTER | \$484/526 | 313202-04 |
| | BEGINNING | GRADES K-2 | TU | 1/9-5/15 | 3-4:15 PM | WATTS CENTER | \$524/569 | 313202-06 |
| | INTERMEDIATE | GRADES 3-5 | TH | 1/11-5/17 | 6:50-7:50 PM | TAKIFF CENTER | \$438/476 | 313202-07 |
| HIP HOP | TINY HIP HOP | AGE 3 | TU | 1/9-5/15 | 11:30 AM-1 PM | TAKIFF CENTER | \$537/585 | 313105-01 |
| | PRESCHOOL HIP HOP | AGES 3-4 | M | 1/8-5/14 | 1-2 PM | TAKIFF CENTER | \$396/430 | 313105-03 |
| | MINI HIP HOP | AGE 4 | TU | 1/9-5/15 | 10:30-11:30 AM | TAKIFF CENTER | \$438/476 | 313105-02 |
| | MINI HIP HOP | AGE 4 | W | 1/10-5/16 | 12-1:30 PM | TAKIFF CENTER | \$537/585 | 313105-05 |
| | KINDER HIP HOP | GRADE K | W | 1/10-5/16 | 3-4:15 PM | SOUTH SCHOOL | \$524/569 | 313105-06 |
| | BEGINNER/CONTINUING | GRADES 1-2 | M | 1/8-5/14 | 3-4:15 PM | WATTS CENTER | \$472/513 | 313105-10 |
| | BEGINNER/CONTINUING | GRADES 1-2 | F | 1/12-5/18 | 3-4:15 PM | WATTS CENTER | \$472/513 | 313105-11 |
| | INTERMEDIATE/ADVANCED | GRADES 4-8 | M | 1/8-5/14 | 4:30-5:30 PM | WATTS CENTER | \$396/430 | 313105-13 |
| NEW! BOYS HIP HOP/BREAKDANCE | | GRADES 1-3 | TH | 1/11-5/17 | 3:30-4:45 PM | TAKIFF CENTER | \$524/569 | 313105-12 |
| NEW! VIDEO HIP HOP PARTY DANCE | | GRADES 4-8 | F | 1/12-5/18 | 4:30-5:30 PM | WATTS CENTER | \$472/513 | 313508-06 |
| COMBO CLASSES | MUSICAL THEATRE/TAP | GRADES K-2 | M | 1/8-5/14 | 3:30-4:45 PM | TAKIFF CENTER | \$472/513 | 312430-01 |
| | MUSICAL THEATRE/MODERN | GRADES 3-4 | TU | 1/9-5/15 | 3:45-5:10 PM | TAKIFF CENTER | \$537/585 | 312430-02 |
| | HIP HOP/JAZZ** | GRADES 3-5 | TH | 1/11-5/17 | 5:20-6:45 PM | TAKIFF CENTER | \$597/645 | 313508-04 |
| | MUSICAL THEATRE/MODERN | GRADES 5-8 | TU | 1/9-5/15 | 5:15-6:40 PM | TAKIFF CENTER | \$537/585 | 312430-03 |
| PERFORMANCE COMPANY Winter audition will be held Saturday, December 9 at 1 PM. | | GRADES 4-8 | F | 1/12-5/18 | 3:45-5:15 PM | TAKIFF CENTER | \$500/544 | 313508-10 |

**For combo classes that are two complete dance classes, the higher fee may reflect a double costume fee.

MEET OUR DANCE TEACHERS



JESSICA DEAHR Jessica is the Artistic Director of Chicago Dance Crash. She performed in Chicago with the Instruments of Movement, Joel Hall, the Massive, Too White Crew, Dance For Life, Jazz Dance World Congress, JumpSmokers, and Impulse Talent and Stage Factor. In addition to her acclaimed choreography and work with Crash, Jessica has brought her talents to Glencoe students as a choreographer and mentor for the past seven years in Hip Hop, Jazz, and Ballet.

PORSCHA R. SPELLS: As a company member of Chicago Dance Crash, Porscha is an expert instructor in hip hop, ballet, modern, salsa, jazz, lyrical, and contemporary dance.

ARIANNA ROZEN: Arianna began teaching classes and competing with the Puzzle League Dance Company and Chicago Onyz Dance Alliance. Arianna owns Vibe Entertainment, and has performed in music videos for Chance the Rapper and Elephant Man, as well as choreographed/danced for Wiz Khalifa, Afrojack, Snoop Dogg, and Selena Gomez.

DIANE ROSIN: Diane began her dance education at the age of eight, studying dance at Evanston's Gus Giordano studio and Syracuse University. For the past eight years, Diane has taught ballet to Glencoe students.

ABBY WILLIAMS: As the artistic director and choreographer for Cattywampus Dance, Abby's choreography has been featured in Dance Chicago 2016, Inaside Dance Chicago's Choreographic Sponsorship, and Tennessee Children's Dance Ensemble. Abby has performed professionally with The Coincidental, Jamm 'N Honey, Heather Carpenter, Sara Tourek, and Jason Aryeh.

MAURA NAUGHTON: Maura studied at the American Dance Festival and performed with artists including Ronn Steward, Melinda Jean Myers, Tony Orrico, Nicholas Leichter, and John Jasperse. Maura currently performs with Cocodaco Dance Project.

DANA ROSENTHAL: Trained in hip hop, jazz, ballet, tap, and musical theatre dance, Dana was the co-director of the Hip Hop Connexion Chicago. Her experience includes working for Hip Hop International, America's Best Dance Crew, and creating the choreography for the Nintendo Wii games Just Dance for Kids and Smurf Dance Party. Dana now owns a dance studio in Chicago and is the Glencoe Performance Team director.

PERFORMING ARTS



FOOTLIGHTS WITH SARAH HALL THEATRE COMPANY ☞

TINY FOOTLIGHTERS

Allow your tiny thespian to discover the wonders of performance and play using their body, mind and imagination! This class will bring out the dramatic spirit of any preschooler through games and story theatre. Parents are invited to attend the final class for an informal, fun-filled class demonstration--a perfect fit for your little drama king or queen! No class: January 15, February 19, March 26.

MINI FOOTLIGHTERS

Calling all 4 year olds! Using theatre games and creative drama, our mini-performers will get the opportunity to explore the magic of theatre in this fabulously fun class. Favorite stories will be acted out and performed in each class and parents will be invited to our final in-class demonstration. This class not only encourages imaginative play, it fosters self-confidence both onstage and off! No class: March 28.

KINDERLIGHTERS

Kinderlighters focuses on dramatic play through basic theatre games, improvisation, and storytelling. This class creates a safe and nurturing environment where students are free to explore and discover the magic of theatre while working individually and as an ensemble. Utilizing the fun of props, costumes, music and movement, students will get the opportunity to expand their creativity and imagination both onstage and off. No class: January 15, February 19, March 2.

LITTLE FOOTLIGHTERS

Perfect for first and second graders, Little Footlighters helps develop creativity and confidence both onstage and off! Through a vocal and physical warm-up, improvisation and theatre games, students learn the basic tools for acting and performance. While this class is primarily process driven, it will culminate in an in-class performance for family and friends. No class for Wednesday section: March 28; No class for Thursday section: March 29.

MUSICAL THEATRE BROADWAY BOUND WITH HELEN'S PERFORMING ARTS CO. ☞

Students will enjoy auditioning and performing in the musical theater production of MTI's *Peter Pan Junior-The Broadway Version*. Our class goal is to create an environment which celebrates both the process and product of theater. Students will gain self-confidence on stage and off as they work in a group on each element of production. All students are guaranteed a role in the ensemble, but no particular role. Role selection is based on many factors including the audition process. Auditions are held during the second class. All new participants and a parent are required to attend a meeting and commit to the class provisions. No refunds will be given after January 25, 2018. Absences for reasons other than illness are not acceptable. Tuition includes a costume/set design and rental fee. Please note, Broadway Bound has a different days off and start/end schedule than other Park District Winter enrichments. Tickets for the performances will be sold through Eventbrite.

| | MONDAY CLASS | TUESDAY CLASS |
|--|--|---|
| CLASS MEETINGS | January 29-June 3, 3:45-5:30 PM | January 30-June 3, 3:45-5:30 PM |
| NO CLASS DATES | February 19, March 26, May 28 | March 27 |
| MAKE-UP CLASS | Saturday, February 24, 1-2:30 PM | N/A |
| TECH REHEARSAL <i>Matz Hall, Winnetka</i> | Tuesday, May 29, 3:45-5:45 PM | Tuesday, May 29, 6-8 PM |
| DRESS + TECH REHEARSAL <i>Matz Hall, Winnetka</i> | Wednesday, May 30, 4-8 PM | Thursday, May 31, 4-8 PM |
| FINAL PERFORMANCE <i>Matz Hall, Winnetka</i> | Saturday, June 2, 11 AM Sunday, June 3, 2:30 PM | Saturday, June 2, 2:30 PM Sunday, June 3, 5 PM |

JR. HIGH IMPROV WORKSHOP WITH SARAH HALL THEATRE COMPANY ☞

This one-hour class welcomes all levels of experience to join in the fun of spontaneous characters, fast paced games, and comedic scenes created on the spot! In addition to exploring improvisational games in class, students will also have an opportunity to PERFORM locally for the friends, family and the Glencoe community! No class: March 27.

NEW! THE PLAY'S THE THING WITH SARAH HALL THEATRE COMPANY ☞

This performance theatre class meets once a week and culminates in a final performance. Through theatre games, scene study and learned audition technique, students will cultivate and sharpen their individual acting skills while working together towards an ensemble performance! No class: March 29

QUESTIONS? Contact our Arts & Youth Program Manager Stephani Briskman at (847) 835-7536 or sbriskman@glencoeParkDistrict.com





| CLASS | AGE/ GRADE | DAY | DATES | TIME | LOCATION | R/NR FEE | ACTIVITY |
|---------------------|------------|-----|-----------|---------------|---------------|-----------|-----------|
| TINY FOOTLIGHTERS | AGE 3 | M | 1/8-5/21 | 11:30 AM-1 PM | TAKIFF CENTER | \$438/482 | 312505-07 |
| MINI-FOOTLIGHTERS | AGE 4 | W | 1/10-5/23 | 12-1:30 PM | TAKIFF CENTER | \$488/537 | 312505-06 |
| KINDERLIGHTERS | GRADE K | M | 1/8-5/21 | 3-4:15 PM | SOUTH SCHOOL | \$425/468 | 312505-04 |
| LITTLE FOOTLIGHTERS | GRADES 1-2 | W | 1/10-5/23 | 3-4:30 PM | WATTS CENTER | \$532/585 | 312505-01 |
| LITTLE FOOTLIGHTERS | GRADES 1-2 | TH | 1/11-5/24 | 3-4:30 PM | WATTS CENTER | \$532/585 | 312505-02 |
| LITTLE FOOTLIGHTERS | GRADES 1-2 | TH | 1/11-5/24 | 3-4:30 PM | SOUTH SCHOOL | \$532/585 | 312505-03 |
| BROADWAY BOUND | GRADES 3-5 | M | 1/29-6/3 | 3:45-5:30 PM | TAKIFF CENTER | \$700/769 | 312506-01 |
| BROADWAY BOUND | GRADES 3-5 | TU | 1/30-6/3 | 3:45-5:30 PM | TAKIFF CENTER | \$700/769 | 312506-02 |
| JR. HIGH IMPROV | GRADES 5-8 | TU | 1/9-5/22 | 4:30-5:30 PM | WATTS CENTER | \$437/481 | 312507-01 |
| THE PLAYS THE THING | GRADES 5-8 | TH | 1/11-5/24 | 4:45-6:15 PM | TAKIFF CENTER | \$551/606 | 312507-03 |

MEET OUR DRAMA TEACHERS



HELEN BORIS As the owner of Helen's Performing Arts Co., Helen's personal expertise includes teaching drama, literature, fitness, dance, and movement to both Chicago and Glencoe students. Her popular programs now focus primarily on dance and musical theatre.

SARAH HALL has taught theatre to children and adults of all ages for over twenty years. She earned a bachelor's degree in Theatre and an M.F.A. in Acting and has extensive experience acting onstage, in television and in film.

ALEXIS ARMSTRONG studied dance intensively at New Jersey School of Ballet, Sarah Lawrence, and Joel Hall. She performed with a number of theaters, starring and performing in *Chicago*, *Sweet Charity*, *Thoroughly Modern Millie*, *Ragtime*, *Cats*, and, most recently, *The Pajama Game*. Alexis brings her dance and theatre training to the classroom in Glencoe as one of the Broadway Bound instructors.

HANNAH ROSE Hannah earned a degree in Music Education from DePaul University, studied the Kodaly Method at the University of St. Thomas, and is a certified Music Together instructor. Hannah taught elementary music for seven years and now owns a private vocal/audition coaching studio. She music-directed numerous shows with Highland Park Players, including *Aladdin*, *Annie*, *Gypsy*, *Snoopy*, and *School House Rock Live*. Hannah's onstage appearance includes roles in *Into the Woods*, *Thoroughly Modern Millie*, and *Singin' In The Rain*. She is currently starring in the *Pajama Game*.

YVETTE OSTROFF Yvette has been teaching Little Footlighters for over two years. Theatre has played a big part in her life, ranging from acting in summer programs through high school sponsored productions. She has a degree in communications and graphic design. Yvette feels lucky to both live and teach in the Glencoe community.

SARAH JEAN TILFORD is a Chicago based actor with a degree in Theatre Performance. After graduating, she performed with Alphabet Soup Children's Theatre for three years and continues to write for them today. Sarah works steadily with We Three Theatre Company and The Unrehearsed Shakespeare Company in Chicago, but her real passion is directing youth programs and passing on her love of the performing arts to little ones.

JESSICA HARDY is an actress and the Founder and Artistic Director of the Chicago Comedy Film Festival. She has studied at The Second City Chicago conservatory, Acting Studio Chicago, and Lesly Kahn studios in Los Angeles. She has performed improv and sketch comedy in Chicago and Los Angeles over the past 10 years has been teaching independent improv workshops and classes since 2012.

